



Children's talent based education through judo

European Judo Union Educational Seminar

*Pärnu, Estonia
18.-21. of May 2006*



Aim

The aim of the seminar is to share the latest educational knowledge and experiences of the different European Judo schools of thought. To focus on improving diverse and effective training methods for 4-7 years old children.

Probably creativity is one of the most important key to open children's talent and strengths maximally. How we can raise awareness of children and their parents? Which one is the perfect conscious training?

Main questions of the seminar:

How early is the best time to start?

(What age is the earliest to offer a positive emotions with Judo, when should the game turn in to practice etc.)

How should we start? What are the key moments in the beginning?

(What kind of exercises, what should be the environment of the lesson-playful or playful-educational, communication, tools etc.)

Main topics

- Children attentiveness
- Time for trainings and trainings duration for children in different ages
- Usefulness of child and parent training
- Creativity as a engine for children development
- Effect of judo to 3-8 years old children
- First competitions for child, influence and main weaknesses
- Construction, load and regularity of trainings
- Communication between child, coach and parent
- Personal attention, personal programs for children with special needs
- To create development-programs based on child age
- Training-program based on children's talent, leading the training

Languages

- The work language of the seminar is English. All the lectures will be translated into Russia and English.

Date & place

18th to 21st of May 2006
City of Pärnu (ca 130km from Tallinn)

Accommodation

SPA Tervise Paradiis
Side 14, 80010 PÄRNU, ESTONIA
Hotel +372 445 1600
<http://www.terviseparadiis.ee/eng/>

Seminar venue (ca 1km from hotel)

Pärnu Kuninga Basic School
Kuninga 29, Pärnu
www.kuninga.parnu.ee



Organizers

European Judo Union

Condor Sport Club

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Estonian Judo Association

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Price

- Price: The price of the seminar is 350.- EUR (3 ½ days)
- Includes: Transportation from Tallinn to Pärnu and back; full board from Wednesday evening to Sunday lunch; accommodation in double rooms; swimming pool and sauna.
- Payments: All the payments can be done by bank transfer:
SPORT CLUB CONDOR Account nr. 221011527351
HANSAPANK, ESTONIA S.W.I.F.T. code HABA EE2X
or in cash on the arrival day.
- Extras: Accommodation in Tallinn from Sunday to Monday (the organizers will arrange the booking if needed). Excursion in Tallinn on Sunday 21st of May.

Visas: For nations, who need VISA to enter Estonia, please send us as soon as possible the list of people with names, passport numbers, date of births, place of births, place of residences (street, house and apartment number, town or village, postal code, country) and their copies of passport.

NB! Please send the needed documentation for the visas before 10th of May. Otherwise the organizers don't guarantee the visa invitations do be ready for needed time.

Lecturers



Jimmy Pedro (USA) www.jimmyspedro.com

World Champion, two times Olympic Games bronze medalist, judo club owner and trainer



Davor Vlaskovac (GER)

Kids teacher, Head coach of TSV Abensberg, European Championships bronze medalist



Peter Gardiner (GBR) www.judoscotland.com

Coaching Development Manager, Judo Scotland



Shawn Rizzo (USA) www.virtuesproject.com

The Virtues Project



Patrick Roux (FRA)

6th dan. French Judo system and Coachs Education Department
European Champion 1987, World Championship bronze medallist 1987



Sergei Tabakov (RUS)

The dean of Institute Physical Education in Moscow,
Head coach of Russian judo team



Seppo Myllylä (FIN)

Ex Head coach of Finland judo team, European Championships silver medalist

Esko Varilo (FIN)

Children's psychiatrist, therapist



Desiree Sevelius (FIN)

Artist, worked over 10 years with troubled children's



Anzori Barkalaja Phd (EST) www.kultuur.edu.ee

Former judoka, Director for Viljandi Culture Academy



Andres Lutsar (EST) www.aitado.ee

Teacher for over 15 000 students in 30 years



Toni Eylandt (EST) www.condor.ee

Most popular sensei in Estonia



Aivar Haller (EST) www.haller.ee

Mentor

Björn Nyberg (SWE)

5th dan. Björn is the founder of and teacher at the Swedish Judo Federations Senior Judo High School in Lindesberg, Sweden. He has also worked as junior national coach in Sweden

Wolfgang Biedron (SWE)

6th dan. Wolfgang is responsible for Judo education in the northern part of Sweden and a former European medallist in Judo

Vitali Pantsenko (EST)

Pediatrician

Imirlishvili Jura (GEO)

General Secretary of Georgian Federation of Chida-oba

Mark Luchin (EST) www.resultat.ee

Psycho – physiologist

Nelly Orlovski (EST) www.resultat.ee

Psychologist

Program

Wednesday, 17th of May

Arriving of participants
Transportation from Tallinn to Pärnu

19.00

WELCOMING DINNER

Thursday, 18th of May

09.00-11.15

THE BIG PICTURE "AN OVERVIEW OF THE JUDO MARKET"

Peter Gardiner / www.judoscotland.com

11.30-12.30

MEDICATION PHYSICAL CULTURE AND DANGERS TO KIDS HEALTH AT THE TRAINING

Vitali Pantsenko

12.50-14.15

TATAMI - GERMAN JUDO SCHOOL.

Davor Vlaskovac

Kids first steps on the tatami (5 to 8 years) - the main requirements.
The way from the basics to the first competition - the expectations of all involved persons how to keep the kid's interest / motivation to judo on its way to grown up

14.15-15.15

LUNCH

15.15-16.45

INFLUENCE OF THE OTHER NATIONAL FIGHTING FOR JUDO, CHIDO-OBA

Imirlishvili Jura

17.00-18.30

TATAMI - ESTONIAN JUDO SCHOOL FOR CHILDREN'S TODAY, TRAINING EXAMPLE

Andres Lutsar

Friday, 19th of May

09.00-12.00

RAISING CHILDREN'S TROUGH THEIR OWN SKILLS AND VIRTUES

Shawn Rizzo / www.virtuesproject.com

The Virtues Project TM is a global program about living by the virtues, remembering that we are people of kindness, courage, justice, and it is a way to raise children who are spiritually and morally healthy. The Virtues Project TM provides multi-cultural products and programs of excellence and simplicity which can serve as tools for the cultivation of virtues in individuals, families, organizations and communities.

12.20-14.15

TATAMI – TEACHING JUDO TECHNIQUES AND TACTICS THROUGH PLAYING METHOD. RUSSIAN JUDO SPECIALTIES.

Sergei Tabakov

14.15-15.15

LUNCH

15.15- 16.45

SWEDISH JUDO SCHOOL

Björn Nyberg, Wolfgang Biedron

17.05-18.30

TATAMI - KEY ELEMENTS TO A SUCCESSFUL JUDO SCHOOL

Teaching the Benefits of Judo, School Culture, School Structure, Curriculum, and Goal Setting

Jimmy Pedro / www.jimmypedro.com

Saturday, 20th of May

09.00-10.30

AUXILIARIES TO FORM THE LEARNING-PROCESS

Anzori Barkalaja Phd. / www.kultuur.edu.ee

Learning is irreversible change of awareness caused by acquired new skills, knowledge and deftness. Training is learning`s by-line. Character of learning depends on maturity of person`s age

10.45-12.15

FRENCH JUDO SYSTEM FOR CHILDREN

Patrick Roux

12.35–14.15

TATAMI – ESTONIAN JUDO SCHOOL FOR CHILDREN'S TODAY, TRAINING EXAMPLE.

Toni Eylandt

14.15-15.15

LUNCH

15.15-17.30

SOCIALLY PROBLEMATIC CHILDREN'S RECREATION THROUGH JUDO.

Seppo Myllylä, Esko Varilo, Desiree Sevelius

Seppo Myllylä ja Desiree Sevelius have been established two Children`s Villages in Finland. Seppo is judo coach and also managing the Villages. Sport, especially judo has very big importance in these Villages. Judo is a therapy form for the youth combined with different activities, exercises, learning of social situations and mental development. Esko Varilo have been Children`s Villages managing director since year 2001. He has helped to work out educational program and working principles for Children`s Villages.

19.00

OFFICIAL DINNER

Sunday, 21st of May

09.00-10.30

RELATIONSHIP AND COMMUNICATION BETWEEN STUDENT AND HIS/HER TEACHER; PLANNING OF CHILD DEVELOPMENT

Aivar Haller / www.haller.ee

10.45-12.15

HOW TO COMMIT KIDS BETTER – DESCRIBING KIDS NATURE EMANATE FROM THEIR FEATURES

Mark Luchin, Nelly Orlovski / www.resultat.ee

12.35-14.15

TATAMI - TEACHING JUDO TO CHILDREN

This program will cover the Judo techniques, exercises, and skills used by Jimmy Pedro to teach judo to children. The focus should be on the fundamentals and making judo a positive experience from the beginning. Jimmy will also share his experiences and thoughts about having a father as a coach

Jimmy Pedro / www.jimmypedro.com

14.15-15.15

LUNCH

Transportation from Pärnu to Tallinn
Sightseeing in Tallinn
Departure / Accommodating in Tallinn

Monday, 22nd of May

Departure

NB! Organizers have the right to make changes in seminar program!



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